

Thursday, May 28, 2009

- I. Present:
- |                        |                                  |
|------------------------|----------------------------------|
| Sara Shankle, FCHD     | Kim Marshall, FMH/Towson         |
| Marylou Stone, FCHD    | Jackie Douge', FCHD              |
| Jennifer Mayer, PPMCO  | Dan Nallo, YMCA                  |
| Angie Blair, FCHD      | Tammy O'Connor, YMCA             |
| Darylle Smoot, GSCNC   | Barbara Brittain, Families Plus! |
| Christa Williams, FCPS |                                  |
- II. 5-2-1-0 Update:
- Kim Marshall presented her program results from the three schools that piloted the program. Kim's results are attached for review. Thanks Kim for a great job and working with the school nurses to address the nutritional educational needs for elementary age kids.
- III. Group A Update:
- Debbie Rhodes communicated via email that the group is in the discussion process and each member of the group was asked to bring back two proven programs for the educational campaign. Programs are looking at two areas: environmental changes and educational changes. The group will be meeting again to finalized program / campaign ideas for the next FCCHP meeting.
- IV. Group B Update:
- Group B met and have written information to go into a brochure format. Christa will be working with FCHP media services to get a brochure together and email to the group for feedback. Group B will have brochure to present to the next meeting.
- V. Old Business:
- Marylou Stone presented a program at Sabillasville elementary. The program was facilitated by the school nurse, principal and teacher due to the number of children who are overweight in the 3<sup>rd</sup> grade. The program was a Fruits/Veggies/Exercise Challenge and was very well received by the students and the school.
  - Jennifer Mayer held two diabetes presentations in May at Parent's Nights at two schools: Rock Creek School and Walkersville Elementary.
- VI. New Business:
- FCHD will receive a 3 year grant for a Diabetes Prevention Program under the direction of Angie Blair and Marylou Stone. Power to Prevent is a 12 week program run by a dietician and a lay educator. The groups will be in English and Spanish and will run three times a year for a total of 6 groups in one year. They are in the process of looking for venues to hold the groups. If anyone is interested in hosting this great program, please contact Angie Blair at 301-600-1861.
  - Dan Nallo from the YMCA announced that the Youth Fitness Center is now open. Hours are Tuesday and Thursday's from 4-6 PM. There is no extra cost for YMCA members. Dan also brought to our meeting Tammy O'Connor, YMCA Marketing Director, who will be a continuing member of the committee- Welcome Tammy!

- c. Jennifer Mayer from Priority Partners gave an update on the food drop in Brunswick on June 13<sup>th</sup>. They hope to drop 6000 lbs of food, will have a clothes swap, and SAFE KIDS will distribute Carbon Monoxide detectors. Flyer is attached for your distribution.
- d. Darylle Smoot from Girl Scouts of the Nation's Capital region talked about Camp S'more a community based camp this summer for girls grades k-5 who are currently not girl scouts. It will be held at Trinity United Methodist Church in Frederick the week of July 13-17, 2009. Transportation will be provided from Hillcrest, Waverly, North Frederick and Lincoln Elementary Schools. The total cost of Camp S'more is \$25.00. For more information, please call Linnette Wallace or Donna Oliver at 301-662-5106 or [Lwallace@GSCNC.org](mailto:Lwallace@GSCNC.org) or [doliver@gscnc.org](mailto:doliver@gscnc.org).
- e. Dr. Douge' gave an update on the Hillcrest School-Based Health Center. The center will officially open August 17<sup>th</sup> for the 2009-2010 school year. Staffing includes two pediatricians, a nurse, a medical assistant, family services worker. Dr. Douge' is in the process of hiring a health educator for the center to start in August. For more information, visit the webpage at [www.fcps.org/hillcrestsbbc](http://www.fcps.org/hillcrestsbbc).
- f. Angie Blair gave an update on the Step-It Up programs. She has over 180 participants in the program and has an event coming up. See the Walk in the Park attached flyer for more information.

**Next meeting is July23rd from 9:30-11:00**  
**at the University of Maryland Cooperative Extension Office,**  
**330 Montevue Lane.**